



# KILLCARE SLSC NIPPERS

## 2009 – 2010 SEASON

A big welcome back to all our returning families and a very warm welcome to our new members and their families.

**Nippers will commence on Sunday, 18 October, 2009 at 9.30am.** Nippers will be for a minimum of 1 hour each Sunday.

### **AGE GROUPS**

All Nippers need to be financial and registered to participate in events. A child needs to have turned 5 years of age prior to joining, as they are not covered by SLS-NSW insurance. The age group is determined by the age that they are at midnight on 30 September this year. For example, an 8 year old on 30 September will compete in the under 9's age group. **Birth certificates need to be sighted for all new members.**

### **UNIFORM**

The Killcare competition cap is required to be worn by all Nippers whilst at Nippers and Surf Carnivals. This is a safety measure so that Nippers are easily identifiable in the water and on the beach.

It is not mandatory to wear the Killcare Swimmers but they are available for sale through the club.

### **NIPPER SET UP**

There will be a roster for setting up the Beach events each Sunday. This will be determined by your child's age group. This is on our Nipper Calendar.

### **WEEKLY ACTIVITIES**

Each week the Age Manager will co-ordinate the following activities, Swim, Sprint, Flags. The Board will be available for the under 9's to 14's. In addition to the physical activity, Nippers will also learn surf awareness as part of their respective Certificates for their age groups. This is usually completed by December.

The main aim of Nippers is to give the children confidence in the Surf and have a lot of fun. It may be daunting to swim in the surf, and we ask that the parents encourage their children in the activities.

### **JUNIOR PROFICIENCIES**

All under 9's to under 14's must prove their proficiency by completing a run/swim/run which will be held on Sunday, 18 October, 2009 during Nippers.

If your child wishes to compete in Carnivals they are required to complete a timed pool swim.

- Under 8's swim 25 metres within
- Under 9's and 10's swim 200 metres within 6 minutes
- Under 11's to 14's swim 200 metres within 5 minutes

### **AGE MANAGER'S**

Each group has an Age Manager (usually a parent) who volunteers their time each Sunday to teach surf education and run the events. Age Managers have a vital role in caring for and nurturing our future surf life savers.

Nippers are expected to stay with their group and have their names marked off before leaving. The Age Manager's do a great job, so please give your assistance.

Age Manager's for 2009-2010 Season

Under 6's and 7's	Steve Hayter
Under 8	Rose Mackay, Fiona Brodie
Under 9	Sandy Cooper
Under 10	Ann-Marie Egger, Mark Krebs, Nic Urie
Under 11	Jodie & John O'Malley
Under 12	David Sneddon
Rookies	Cathryn McMaster
Cadets	Julia McEwen
Junior Club Captain	Bonnie Cooper

### **SPONSORSHIP**

Last season, one of our parents, Hans Egger with his company, Genesys -Wealth Advisers, sponsored a pontoon for the Nippers to swim out to in the surf to and play on. It was great success. This again will be available this year. We would like to extend our appreciation of his support.

### **GRANT**

In August, the club was successful in receiving \$1000.00 to purchase two soft form boards from a grant with Woolworth's Fresh Food Kids Community Grant. These are in the process of being purchased.

### **WEBSITE**

Please visit the Killcare SLSC website for information on the club and events and its history on [www.killcaresurfclub.com.au](http://www.killcaresurfclub.com.au).

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