



Surf Lifesaving Central Coast Junior Carnival Program

20th January 2019 @Toowoon Bay



Timetable of Events

Time	Water Area 1 Under13 &14	Water Area 2 Under 11&12	Water Area 3 Under 9 &10	U8 Water/Flags Under 8	Beach Area	Flag Area
07:00	2 person R&R and 5 person R&R (Report time 6.30am)					
07:15	Team Managers meeting					
08:00	March Past					
08:15	All Age Beach Relay (U9-U14) and All Age Board Relay (U9-U14) (Marshall time 7.30am)					
08:30	U15 Male Surf & Teams	U12 Male Surf & Teams	U9 Male Surf & Teams	U8 Female Wade	U8 Male Sprint	U10 Female Flags
	U15 Female Surf & Teams	U12 Female Surf & Teams	U9 Female Surf & Teams	U8 Female Wade relay	U8 M Beach Relay	U10 Male Flags
	U14 Male Surf & Teams			U8 Male Wade	U8 Female Sprint	
	U14 Female Surf & Teams	U11 Male Surf & Teams	U10 Male Surf & Teams	U8 Female Beach Relay	U8 Male Beach Relay	U9 Female Fags
	U13 Male Surf & Teams	U11 Female Surf & Teams	U10 Female Surf & Teams		U13 Male Sprint	U9 Male Flags
	U13 Female Surf & Teams			U8 Female Flags	U13 Female Sprint	
		U12 Male Board	U10 Male Board	U8 Male Flags	U13 M & F Beach Relay	U12 Female Flags
	U15 Male Board Race	U12 Female Board	U10 Female Board			U12 Male Flags
	U15 Female Board Race				U10 Male Sprint	
	U14 Male Board	U11 Male Board	U9 Male Board		U10 Female Sprint	U11 Female Flags
	U14 Female Board	U11 Female Board	U9 Female Board		U10 M & F Beach Relay	U11 Male Flags
	U13 Male Board					
	U13 Female Board	U12 Male Ironman	U10 Male Board Relay		U9 Male Sprint	
		U12 Female Ironwoman	U10 Female Board Relay		U9 Female Sprint	U15 Female Flags
	U15 Male Ironperson				U9 M & F Beach Relay	U15 Male Flags
	U15 Female Ironperson	U11 Male Ironman	U9 Male Board Relay			
	U14 Male Ironman	U11 Female Ironwoman	U9 Female Board Relay		U14 Male Sprint	U13 Female Flags
	U14 Female Ironwoman				U14 Female Sprint	U13 Male Flags
	U13 Male Ironman	U12 Male Board Relay			U14 M & F Beach Relay	
	U13 Female Ironwoman	U12 Female Board Relay				U14 Female Flags
					U15 M & F Beach Sprint	U14 Male Flags
	U15 Male Board Relay	U11 Male Board Relay			U15 M & F Beach Relay	
	U15 Female Board Relay	U11 Female Board Relay				
	U14 Male Board Relay					
	U14 Female Board Relay	U12 Male Board Rescue			U12 Male Sprint	
	U13 Male Board Relay	U12 Female Board Rescue			U12 Female Sprint	
	U13 Female Board Relay				U12 M & F Beach Relay	
		U11 Male Board Rescue				
	U14 Female Board Rescue	U11 Female Board Rescue			U11 Male Sprint	
	U14 Male Board Rescue				U11 Female Sprint	
U14 Female Board Rescue	U12 Mixed Cameron			U11 M & F Beach Relay		
U13 Male Board Rescue	U11 Mixed Cameron					
U13 Female Board Rescue				U9 Mixed Beach Relay		
U15 Female Board Rescue				U10 Mixed Beach Relay		
U15 Male Board Rescue				U11 Mixed Beach Relay		
U15 Mixed Cameron				U12 Mixed Beach Relay		
U14 Mixed Cameron				U13 Mixed Beach Relay		
U13 Mixed Cameron				U14 Mixed Beach Relay		

Mixed Cameron
2 males and 2 Females
1 male and 1 female are to fill the position of either board paddler or swimmer
LIMIT OF 2 TEAMS PER CLUB

Mixed Beach Relay
2males and 2 female
LIMIT OF 2 TEAMS PER CLUB

Note: All events are subject to change on the day at the discretion of the Carnival and Sectional Referees.
: All Age Beach Relay and All Age Board Relay - only 1 entry per club
: No events will be held up waiting for competitors to complete other events
: U15 Team events will be conducted concurrently with U14 Relay and U14 Competitor can race up but cannot double up.